

EPI-PEN

STUDENT CONTRACT FOR SELF-CARRY/ADMINISTRATION

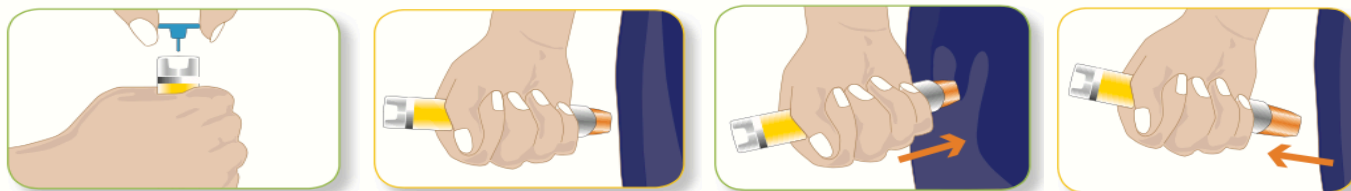
Name of student: _____ Grade/Homeroom: _____

Dose _____ Allergy for which Epi-Pen is prescribed: _____

INSTRUCTIONS FOR USE

There is no need to remove clothing to use your EpiPen, but make sure the orange end will not hit buckles, zips, buttons or thick seams on your clothes.

1. **REMOVE THE BLUE SAFETY CAP.** Grasp the EpiPen in your dominant hand and remove the blue safety cap by pulling straight up. Remember, blue to the sky, orange to the thigh!
2. **POSITION THE ORANGE TIP.** Hold the EpiPen at 90° approximately 10 cm away, with the orange tip pointing towards your outer thigh.
3. **JAB THE ORANGE TIP.** Jab the EpiPen firmly into your outer thigh at a right angle. Hold firmly for 3 seconds, before removing and safely discarding.
4. **HOLD FOR 3 SECONDS** *Most of the liquid stays in the autoinjector.
5. **CALL 911 OR CALL FOR HELP**



STUDENT AGREEMENT

In order to carry my medication in the school environment, I agree to the following:

- I understand the above instructions.
- I will not remove my Epi-pen from its case unless needed for use.
- I will not allow other students to handle my Epi-pen.
- I will keep my medication in a safe location where others cannot get to it.
- I will go directly to the nurse office if I am having symptoms that may require the use of my Epi-Pen.

Student Signature: _____

Date: _____

School Personnel: _____

Date: _____